

About Us

At Sunrise Senior Day Care, we are dedicated to providing a nurturing and vibrant environment for seniors. With a focus on well-being, engagement, and personalized care, we're here to make each day meaningful..

Our Services

Explore a wide range of services, from engaging activities to health monitoring, designed to cater to your unique needs.



W Evans Ave

W Harvard Ave

W Yale Ave

S Sheridan Blvd



Our Mission

To enhance the quality of life for our senior participants through diverse activities, health and wellness programs, and a supportive community.



SUNRISE
SENIOR DAY CARE

☎ 720-301-3331

📍 2500 S. Sheridan Blvd,
Denver, CO 80227

ADULT DAY CARE



WEEKLY SCHEDULE

Weekly Activities



	Monday	Tuesday	Wednesday	Thursday	Friday
09:00	Arrival	Arrival	Arrival	Arrival	Arrival
9:30	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00	Exercise/ Dancing	Exercise / Dancing	Exercise / Dancing	Exercise / Dancing	Exercise / Dancing
11:30	Motor / Attention games	Memory/cognitive exercises	Memory/cognitive activities	Motor / Attention games	Memory/cognitive activities
12:30	Lunch	Lunch	Lunch	Lunch	Lunch
13:00	Bingo	Bingo	Bingo	Bingo	Bingo
14:00	Departure	Departure	Departure	Departure	Departure

Location
2500 S Sheridan Blvd, Denver, CO 80227

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